

Series: Growing the Fruitful Life

Pt. 2: "Joy"

Galatians 5:22-23 (NIV)

Philippians 4:4 (NIV)

Dr. Hays McKay

Intro: HAPPINESS AND JOY ARE DIFFERENT

- Happiness= happenstance, fortunate
- Joy: the positive confidence you experience from knowing and trusting God regardless of the circumstances.
- Happiness is based on chance; joy is based on your choice.

3 KILL-JOYS

1. Selfishness

- James 4:1-2 (GN)

2. Resentment

- Proverbs 11:29 (LB)

3. Fear

- Proverbs 12:25a (NIV)

3 things about fear:

- Defensive
- Distant
- Demanding

THE SECRET OF JOY

1. Focus on giving rather than receiving

- Peter 1:7 (LB)

2. Focus on healing rather than hurting

- Colossians 3:13 (LB)

3. Focus on God's power rather than my problems

- Psalm 62:8 (LB)

In spite of my circumstances:

- God is with me
- Isaiah 43:2 (GN)

- God has a purpose
- Jeremiah 29:11 (NIV)

- God will help me
- Psalm 43:5 (LB)